



Family Member Travel Screening (FMTS) information

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What can we do right now?

- Ensure your Family completes an annual physical examination (annual, sports, or school) every year and well-baby/child exams as required by the American Academy of Pediatrics (AAP).
 - Off post PCM (TRICARE Select/TRICARE Prime Remote/TRICARE Prime)
 - Schedule an appointment with your off post PCM if you have not had a physical examination within the last 12 months.
 - If you need a blank physical form, the EFMP office can provide one for you.
 - If you have a child ages birth to 3 years old, that are seen by an off post Primary Care Manager (PCM), gather civilian medical records. If your child is within this age range, we require ALL medical records (birth to present).
 - PCM at a Military Treatment Facility (MTF) (TRICARE Prime)
 - Ensure your Family Members (FMs) have had a physical examination within the last 12 months. If not, schedule one with the PCM, do **NOT** request an "EFMP or overseas physical".
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The Service Member completed their member elections.

What are the next steps?

- The Service Member (SM) logs into the E-EFMP website - <https://efmp.army.mil/>
 - After logging into the E-EFMP website, scroll down the page and select "System Training."
 - Step-by-step instructions (PDF) are available on how to start a Family Member Travel Screening (FMTS).
 - Ensure the e-mail address is correct in your E-EFMP profile; the e-mail can be personal or professional. The system will not send Personally Identifiable Information (PII) or Protected Health Information (PHI).
 - Log into the E-EFMP site on a routine basis to ensure the FMTS is being processed.
 - If your Family Member's (FM) PCM is off post, the SM can send an encrypted e-mail with a copy of each FM's physical examination attached or upload them to the FMTS package in E-EFMP.
 - Send an e-mail to or call the EFMP office to inform them that you uploaded documents.
 - Do not schedule an appointment for a Family Member Travel Screening (FMTS). The medical EFMP Case Coordinator will contact your Family upon receipt of the FMTS request in E-EFMP.
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The E-EFMP website can be accessed on civilian computers and smartphones using a DS Logon.

Special circumstances are listed on the next page.

Notify the medical EFMP office if any of these situations apply to your Family.

Enrolled in EFMP?

- Each FM requires a screening, including FMs enrolled in EFMP.
 - If the FM is enrolled in EFMP, the screening determines if your enrolled FM requires an update.
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FMs live outside Fort Rucker's catchment area.

- Your FM's FMTS packet must be processed through the closest Army EFMP office to their physical location. (Your Family does NOT have to travel to the installation if they live at least 1 hour drive/60 miles from the installation.)
 - Fort Rucker completes packets for:
 - Southern Alabama (below Prattville)
 - Southern Mississippi (below Carthage)
 - Florida panhandle (west of Blountstown and Port St. Joe)
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Spouse is pregnant and plans to have the baby PRIOR to PCSing.

- Request a deferment through your Cadre or Chain of Command due to the birth of your baby.
- Contact DEERS/ID Card section find out how to add your newborn as a dependent.
- After your baby is born, submit a new FMTS packet listing **ALL** dependents traveling overseas, to include your newborn. If you initiated a request that does not include your newborn, inform the medical EFMP Case Coordinator. We will delete the request.
- An FMTS cannot be completed until the baby is born and completes the two-week well baby exam. Prior to the birth, the EFMP case coordinator can complete a review with your Family's medical records and inform the Family if someone may require enrollment based on available medical records.

*This may change if your FM receives a diagnosis, starts receiving specialty care, or receives accommodations at school.

**Spouse is pregnant and plans to have the baby AFTER PCSing OR
Spouse becomes pregnant AFTER the screening is complete AND prior to PCSing.**

- Contact the EFMP office IMMEDIATELY.
 - Your FM cannot travel via airplane after 34 weeks gestation.
 - DD form 2792, FEB 2025, Family Member Medical Summary, must be completed by your FM's OBGYN. This packet is sent to the gaining installation to ensure adequate medical care (obstetrician and prenatal) is available upon your Family's arrival.
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Taking a parent, parent-in-law, lifelong dependent?

- Upload a copy of the DFAS Letter of Eligibility to the FMTS packet.
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Taking a child that will be a full-time college student when you PCS?

- Upload a copy of the letter from the School Registrar stating your FM will be a full-time student to the FMTS packet. Your child must be under the age of 23 when you PCS.
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New marriage

- Contact DEERS/ID Card section find out how to add your spouse as a dependent.
- Contact your Military Personnel Division (MPD), request accompanied travel, and update your member elections.