

Overseas Screening Checklist

Complete the steps below to initiate your overseas screening.

1. Receive orders (not verbal) to PCS OCONUS.
2. Complete physicals within 365 days of the Service Member's report date.
 - a. This includes: annual, school, well-child, and well-baby exams.
 - b. We cannot accept well woman or pap smears as physicals.
 - c. Provide all medical records for children birth to five years old.

Then:

1. Register on the Enterprise – EFMP website: <https://efmp.army.mil/EnterpriseEfmp/>
2. Create a DS Logon. Please visit the link below to create one.
 - a. Also make sure your Milconnect is updated.
 - b. <https://myaccess.dmdc.osd.mil/identitymanagement/registration.do?execution=els1>
3. Navigate to "EFMP Actions".
4. Click on "Begin New Package".
5. Follow the prompts on the welcome page and read the purpose & disclosure page.
6. Select "Family Member Travel Screening" or "Government sponsored travel". Do NOT select EFMP enrollment or review.
7. Follow the prompts. (Answer ALL questions)
8. When complete, digitally sign.

Upon submission, each package is routed to the appropriate office. Service members receive email notifications from E-EFMP during each status update.

What can be started before Service member receives orders?
Gather medical records
Complete physicals

See next page for special circumstances

SPECIAL CIRCUMSTANCES

☐ Pregnant Family member

Cannot travel after 34 weeks.

If travelling before 34 weeks, must provide a memo/letter stating that mother and baby are healthy to fly.

DD 2792 must be completed by OBGYN and returned to the EFMP office. The DD 2792 is part of the screening packet for pregnant Family members.

☐ After the baby is born

Mother requires a six week post-partum check-up, a copy must be sent to the EFMP office. A note/letter/memo on facility letterhead from OBGYN stating when Family member can fly/travel overseas.

Newborn requires a minimum of two week check-up or one month well baby exam, copy must be sent to the EFMP office. A note/letter/memo on facility letterhead from paediatrician/provider stating baby's health status and date child is authorized to travel via plane overseas or travel by vehicle long distances (i.e. Alaska).

If a Family member is enrolled in the EFM program.

Status must be current until four months after report date. IF not, it must be updated or your orders may be cancelled/deleted.

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- The E-EFMP website can be accessed on a civilian computer and smartphones. Service members must initiate all actions, to include actions for Family members 18 years and older.
 - The Service member MUST initiate the process, regardless of the Family member's age.
 - A CAC card is NOT required to set up a DS Logon.
 - Family members ages 18 and older must create their own DS Logon.

For all questions and concerns, contact the EFMP office via e-mail: usarmy.rucker.medcom-lahc.list.efmp@mail.mil